

Lessons learned from one of New Zealand's most challenging civil engineering projects: rebuilding the earthquake damaged pipes, roads, bridges and retaining walls in the city of Christchurch 2011 - 2016.

Red Cross presentation to SCIRT – communication and communities

Story: SCIRT and Red Cross Collaboration

Theme: People and Culture

One of a series of presentations which Red Cross presented to SCIRT, telling them about what the community is undergoing and how Red Cross helps.

This document has been provided as an example of a tool that might be useful for other organisations undertaking complex disaster recovery or infrastructure rebuild programmes.

For more information about this document, visit www.scirtlearninglegacy.org.nz



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Christchurch recovery

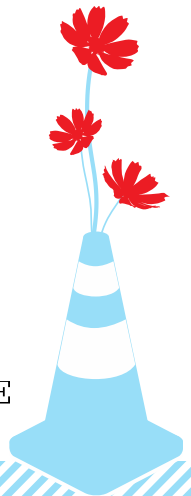
Communication and communities



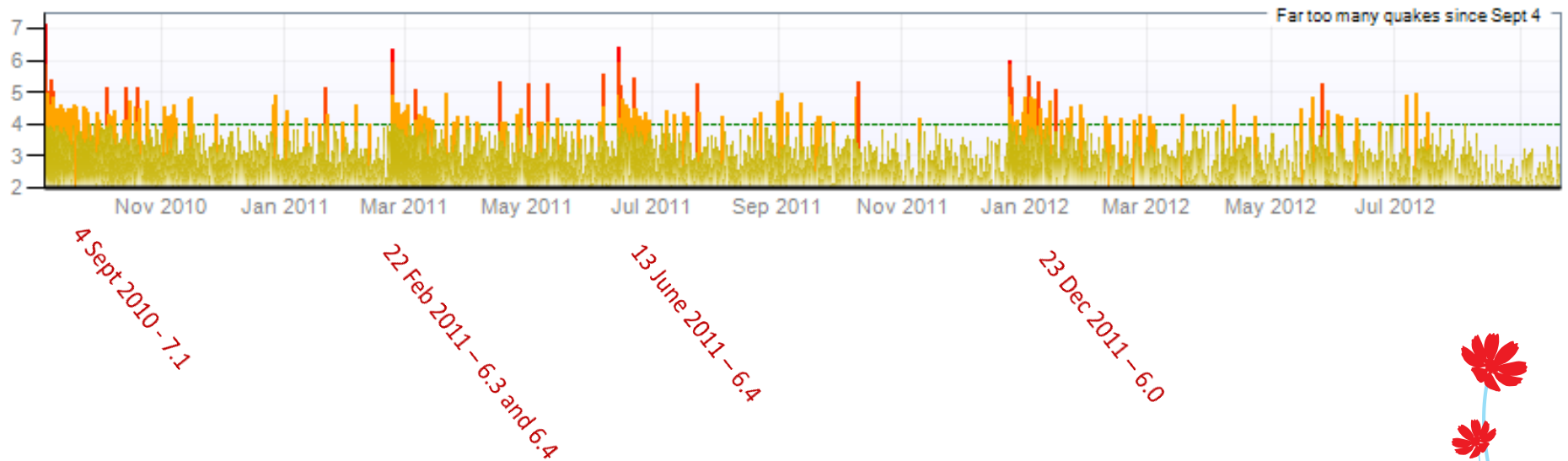
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APRIL 2015

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primary stressors



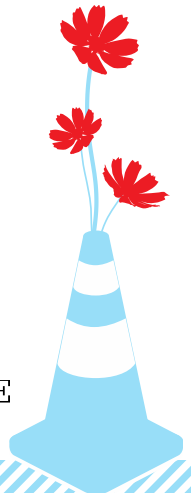
Over 14 000 aftershocks

www.canterburyquakelive.co.nz



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ETHICS - DECLINED

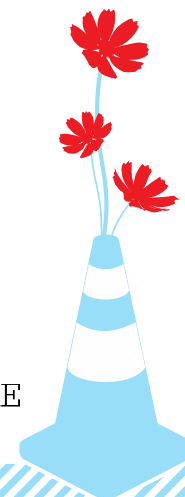


Image: gravityu.com

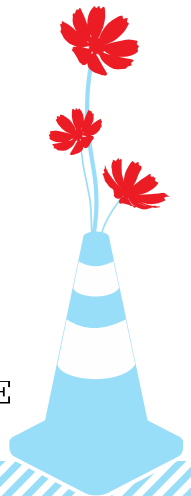


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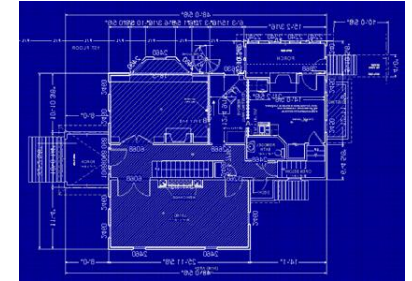


adrenalin





secondary stressors



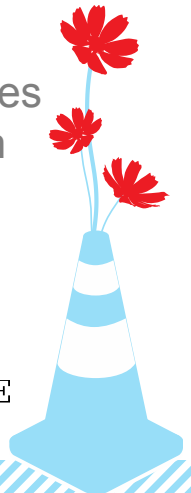
“The stress and anxiety caused by dealing with insurance, repairs, and the agencies involved in the recovery has resulted in a ‘double blow’ which for many has proven more debilitating than the earthquakes.”



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*Healthy Christchurch, survey of Canterbury residents 2012
in association with the All Right? campaign*

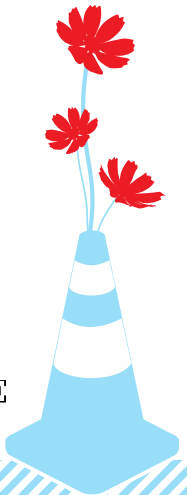
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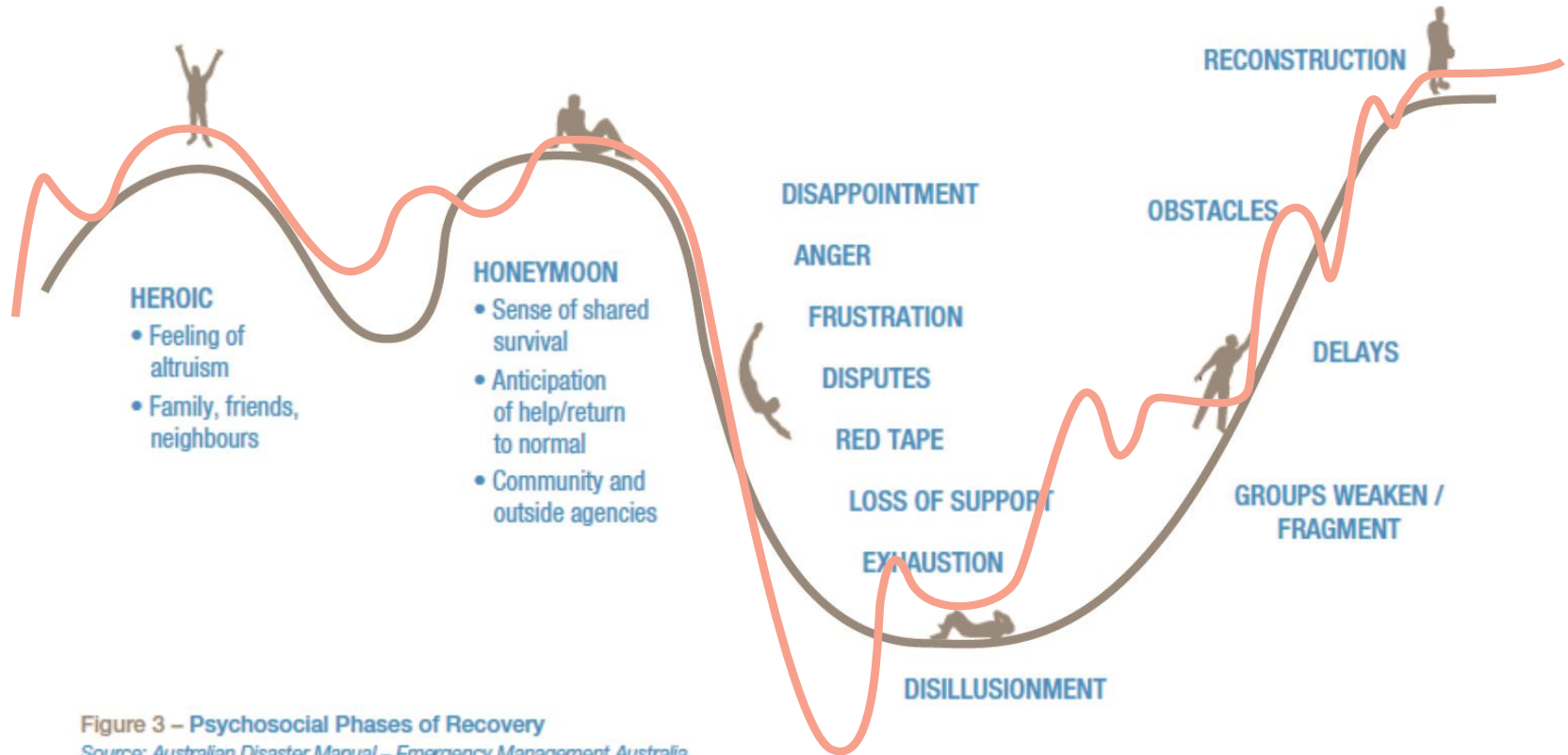
cumulative stress



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recovery over time



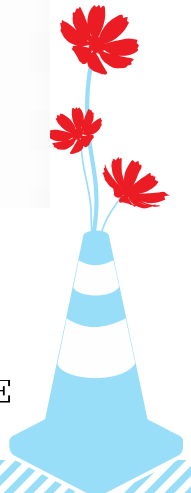
cortisol

Escalator

This video is licensed for use by an InsideOut certified facilitator in the delivery of a standard InsideOut training program.



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communicating in recovery



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www.redcross.org.au/communicating-in-recovery.aspx

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Communication – recovery responses



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All Right? campaign

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DR ROB'S TIPS



Dr. Rob Gordon
Psychologist and disaster recovery expert
Six tips for recovery from disaster

0:01 / 12:02

Rob's six tips for disaster recovery

New Zealand Red Cross



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recovery matters

WORKPLACE WORKSHOP



recovery through
understanding

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Psychosocial Support

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